

This assignment packet for Confirmation is due

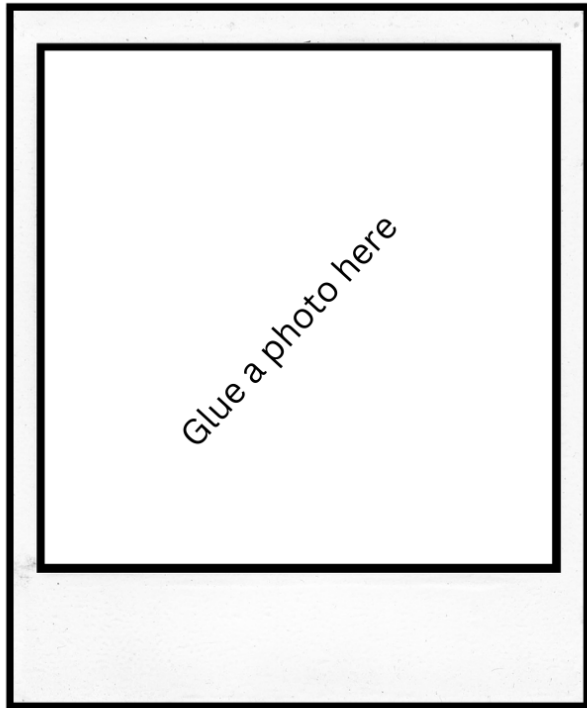
March 31, 2025

- ☐ Get to Know Me
- ☐ Baptism Basics
- ☐ Gospel Reflection #1 (Temptation of Jesus)
- ☐ Read/review How to choose a sponsor
- ☐ Sponsor Conversation #1
- ☐ Gospel Reflection #2 (Beatitudes)
- ☐ Sponsor Conversation #2—do this one in December
- ☐ Gospel Reflection #3 (The Advocate)
- ☐ Read/review Saint Report instructions
- ☐ Saint/Angel Research Template
(Sample Completed Research Template)
- ☐ Letter to Archbishop Instructions
(Sample letter to Archbishop)
- ☐ FIAT Choices
- ☐ FIAT Log

Prayer:

Come Holy Spirit, cover us with your gifts. Grant us Wisdom to seek what is good and true, Understanding to learn and be compassionate, and Counsel to look for Your guidance in our decisions. Give us Fortitude to face challenges with courage, Knowledge to grow in mind and spirit, and Piety to love and serve You Help us to have Fear of the Lord, so we can love you and love our neighbors. Bless this time of preparation, guiding us all to grow in faith, hope, and love. Amen.

Confirmation class of 2025



GET TO KNOW ME

NAME _____

GRADE _____

SCHOOL _____

A little about me and my family

FAVORITES

SPORT _____

CANDY _____

SUBJECT _____

PLACE _____

MOVIE _____

HOBBY _____

I'm excited to prepare for Confirmation because

Why my Catholic faith is important to me

Please pray for my intentions _____

Baptism Basics

Symbols of Baptism

In this box, draw (or print and paste) any of the symbols associated with baptism.

WHAT PHRASE IS SAID WHEN A PERSON IS BAPTIZED?

How would you explain to another person why baptism is so important and necessary?

My Baptism

Please discuss your baptism day with your parents for the following information.

I was baptized on _____
(Date)

at _____ in
(Parish)

(City/State)

My godparents are:

Through my baptism, I received these graces:

Not sure how to answer these questions? Check out "What is Baptism" video by Real+True!



Gospel Reflection #1: Temptation of Jesus by Satan

In order to complete this, you will need to use a Bible to look up the passage (Matthew 4:2-10). If you don't have a Bible nearby, the text of Sacred Scripture is available online at usccb.org/bible. Read the Scripture and then answer the questions below.

Make sure to begin in prayer before you read the Word of God.
Invite the Holy Spirit to guide you.



Temptation #1—Matthew 4:2-4

Satan's Tactic—How is Satan tempting Jesus? _____

Why would this be tempting? _____

How did Jesus answer? (See Deuteronomy 8:3) _____

What is an example of this kind of temptation in your life? _____

Temptation #2—Matthew 4:5-7

Satan's Tactic—How is Satan tempting Jesus? _____

Why would this be tempting? _____

How did Jesus answer? _____

What is an example of this kind of temptation in your life? _____

Temptation #3—Matthew 4:8-10

Satan's Tactic—How is Satan tempting Jesus? _____

Why would this be tempting? _____

How did Jesus answer? _____

What is an example of this kind of temptation in your life? _____

PERSONAL REFLECTION

Describe a time in your own life when you were tempted by Satan. _____

How did you respond to this temptation? _____

Describe how you might respond to future temptations like Jesus did. _____

Finish your reflection by praying the prayer below.

Prayer in time of temptation

I believe, Lord, that with your example and help I can overcome temptation in my life. I hope in you, Lord, because you know that I am weak, and therefore you give me your grace which is stronger than sin. I love you, Lord, and I know that love for you and for souls will give me the strength to overcome sin in my life and help others to overcome it as well.

Lord, may prayer and vigilance keep me from falling into temptation. Amen.

Choosing a Confirmation Sponsor

Candidates for Confirmation, as for Baptism, fittingly seek the spiritual help of a sponsor. To emphasize the unity of the two sacraments, it is appropriate that this be one of the baptismal godparents. (CCC 1311)

The sponsor must be:

- ♦ a ***practicing Catholic***
- ♦ at least sixteen years of age
- ♦ sufficiently mature, who has received the sacraments of Baptism, Eucharist, and Confirmation,
- ♦ actively practicing the Catholic Faith.



A candidate may choose their baptismal Godparent as a Confirmation sponsor; however, parents or step-parents may not serve as sponsors of their own children. A grandparent or other relative may be a sponsor.

The duty of a sponsor is to serve as a mentor, role model, and guide to the Confirmation candidate throughout the preparation period. Sponsors assist the candidate by working with the candidate in the following areas:

- ♦ praying for and with the candidate
- ♦ ensuring that the candidate attends Sunday Mass
- ♦ attending the Confirmation Retreat on February 8, 2025
- ♦ completing at least 1 FIAT with the candidate
- ♦ engaging in faith-based conversations with the candidate (who will turn in 2 reports from these interviews)
- ♦ attending the celebration of the Sacrament of Confirmation

Please prayerfully consider who you will invite to serve as your Confirmation sponsor, someone who fulfills the criteria listed above.

Once you have decided who you wish to ask as your sponsor, invite them to take on this role.

Confirmation Sponsor Conversation #1

Now that you have chosen your sponsor, it is time to spend a little more time with him/her to really get to know more about his/her faith journey. After all, the life-long role of your sponsor is to walk with you and support you on your own faith journey. You may find that you already know a lot or that there is a lot that you can learn! You can have your conversation together, at your home or favorite place, or on the phone if your sponsor lives out of town.

Simple rules for sharing:

- ◆ Do not glorify sinful behavior or encourage experimentation.
 - ◆ Give only as much detail as is needed to make your point.
 - ◆ Be straightforward, honest and encouraging.
 - ◆ Never gloss over a question the candidate may have.
 - ◆ Listen carefully and ask follow-up questions.
-

My sponsor's name: _____

START YOUR CONVERSATION BY PRAYING TOGETHER.

Write down your sponsor's answers to the following questions:

What was the happiest day of your life? _____

When did you receive Confirmation? What do you remember about your Confirmation day?

Who did you choose for your Confirmation saint? Why? Do you have other favorite saints?

How has the Holy Spirit helped you in your life? _____

How has your understanding of and relationship with Jesus changed as you've gotten older?

What is your favorite Scripture passage, verse or story? Why? _____

Do you have a favorite place and time to pray? Describe a time when you felt “close to God.

What is the best part about being Catholic? What are some good reasons to be Catholic? _____

What advice do you have for me so I can live my faith better? _____

For your sponsor to ask you:

How would you describe Jesus to someone who has never heard of Him? _____

What questions do you have about the Catholic faith? _____

How can I help you as you prepare for Confirmation? _____

Close your conversation by praying the Memorare together.

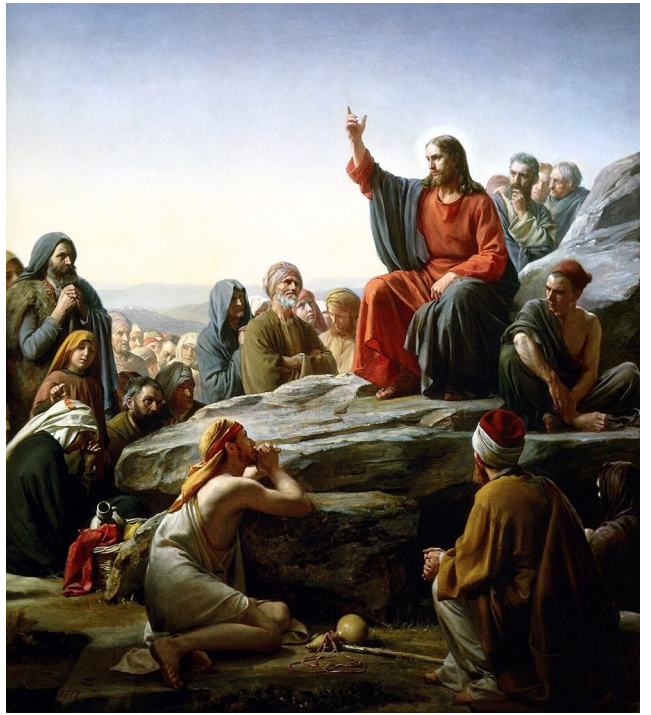
Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

Gospel Reflection #2

The Beatitudes

*Read **Matthew 5:1-12** in your Bible. Before you start to read, ask the Holy Spirit to guide you through the reading. Ask for wisdom, knowledge and understanding. Then after you read the Sacred Scripture, answer the following questions. Make sure you use complete sentences.*



1. Which Beatitude is your favorite? Why?
2. What do you think it means to be poor in spirit? Why do you think Jesus began His beatitudes by saying those who are poor in spirit are happy or blessed? How might this differ from a worldly perspective?
3. What is the promise in the second Beatitude? How might this promise encourage a follower of Jesus?

4. What does the world usually think of a meek person? What does Jesus think about a meek person? Why do you think there is a difference in thinking?
5. Why might the followers of Jesus be persecuted rather than honored by the world? Have you ever felt like someone tried to pull you down when you were trying to live more virtuously?

Confirmation Sponsor Conversation #2

(Complete this conversation in December)

Spend time sharing your faith with your Confirmation sponsor. Encourage each other to draw closer to Christ, especially as you approach the Sacrament of Confirmation. Think carefully about the ways God works in your lives. You can have your conversation together, at your home or favorite place, or on the phone/FaceTime if your sponsor lives out of town.

My name: _____ My sponsor's name: _____

START YOUR CONVERSATION BY PRAYING TOGETHER.

Write down your sponsor's answers to the following questions:

There are three important aspects to the Sacrament of Confirmation: the completion of Christian initiation begun at Baptism, a sealing with and outpouring of the Holy Spirit, and empowerment for Christian life and service to God and to the Church. What does the Sacrament of Confirmation mean in your own life? _____

How did you prayerfully discern your vocation? Who is a role model to you in this vocation?

Discuss the FIAT you will do/have done with your sponsor. What is your favorite way to be of service to others? _____

How has your life changed by your belief in the Resurrection – of Jesus and our own future resurrection? _____

How do you make Sundays special? _____

What are you doing this Advent season to draw closer to Christ and prepare to celebrate Christmas?

| THE GIFTS OF THE HOLY SPIRIT | Wisdom: to see from God's point of view what is truly valuable and important |
|--|--|
| Understanding: deeper insight into the Faith | Knowledge: Knowing the spiritual value and use of created things |
| Counsel: Knowing what decision is best for us according to God's will | Fortitude: Having courage and strength to do what is right, even when it is hard |
| Piety: Affection for God as our Father who is worthy of our worship | Fear of the Lord: Having a healthy respect for almighty God, desiring never to offend Him |

Which Gift of the Holy Spirit did you need most when you were Confirmed? _____

Which Gift of the Holy Spirit do you need most at this time in your life? _____

FOR YOUR SPONSOR TO ASK YOU

Which Gift of the Holy Spirit do you most desire? _____

What are you personally doing to prepare to receive Confirmation?

How can I help you prepare? _____

Close by praying the Come, Holy Spirit prayer together.

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.
Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation.

Through Christ our Lord. Amen.

Gospel Reflection #3

You will be reading the Gospel of John chapters 14 verses 15-17. As you read through the Scripture, you will be using the SOAP method to journal.

First, pray asking God for guidance through His Word and to get rid of any distraction you may have. Then read the scripture and find one thing that you ponder on or jumps off the page as you read.

Use this space to copy John 14:15-17 in its entirety

Use the following guide to journal:

S : Scripture - Which words or verses of the Scripture stuck out to you most? Write it down. Feel free to make it a work of art.

O : Observation - What do you think about the verse? What does God seem to be revealing through it? Do any words stand out? What is the cultural context? Who is the passage about?

A : Application - How do you apply this truth to your life? Are there any areas of your life that do not align with scripture and need to change? Have you seen growth in any areas?

P : Prayer - Write a prayer asking how to implement this verse in your life. Pray for others who may be dealing with a similar issue. Praise God for his blessings and opening your eyes to his truths.

Confirmation Saint Report

After you have chosen the saint who will be your patron saint for Confirmation, you will complete additional research to prepare your saint report.

For those who need special accommodations on this assignment, please consult with Ms. Stringer.

Steps to be successful in completing this assignment:

1. Prayerfully consider and choose your Confirmation patron saint.
2. Use the template on provided to collect information about your saint. Two templates have been provided. One is suitable for a human saint, the other is intended for angelic saints. (See assumptionstl.org/confirmation for link to Google doc of this template)
 - a. Note: you may not find information to fill all the boxes
 - b. Your research template will not be collected but is necessary preparation for completing your saint project
3. Using the research you completed above, you will complete a visual aid to display about your saint. These visual aids will be displayed at Confirmation.
Visual aid choices:

Poster

- All information is typed
- Include two or more images of the saint
- Use colored paper or colored text to make poster attractive
- Title of poster is Saint's Name and under that, their feast day.
- Your name in bottom corner

Tri-fold Brochure

- Designed on computer
- Include two or more images of the saint
- Each section of the brochure is a different category of information (4a-d)
- Front cover has saint's name, feast day, image and your name.

Saint Monologue

- A written speech, in 1st person, as if the saint were speaking
- Must be at least 12 sentences long, and include information from all 4 categories of research
- Include one picture of saint

Diorama or 3-D Representation of the person

- For creative and crafty people!
- Include short explanations of what you depicted and why
- Will need to create a card/sign with Saint's name, feast day, and your name
- Can be a diorama or person figure

4. All completed projects must include at least 2 facts from each of the following categories of information. See Research template specific questions in each area.
 - a. Early life – birth, childhood
 - b. Vocation and Ministry
 - c. Death and Everlasting Life
 - d. Patronage and Devotion

Saint's Name
Feast Day

Birth and Childhood

- Fact 1
- Fact 2
- Fact 3

Vocation and Ministry

- Fact 1
- Fact 2
- Fact 3

Death and Everlasting Life

- Fact 1
- Fact 2
- Fact 3

Patronage and Devotion

- Fact 1
- Fact 2
- Fact 3

By: Your Name

Poster sample with 4 areas to include facts.

Brochure sample (Made in Canva, but any trifold sample should work)

DEATH AND EVERLASTING LIFE

Facts here

Patron saint of

DEVOTION

★ Facts here

★

★

Feast Day
February 27

SAINT GABRIEL OF OUR LADY OF SORROWS

BY VALERIE STRINGER

Childhood

Born on March 1, 1838

Born in Assisi, Italy
His name at birth was Francis

Parents: Agnes and Sante

He was the 11th of 13 children

Sickness in childhood
Got sick and nearly died twice
Promised if he got better he would become a religious

Fun child
His nickname was "the dancer"

Vocation and Ministry

Facts here

Saint Monologue

I am Saint _____. I was born in _____ and my parents were _____. I am a saint because _____.

I was named a saint (canonized) by _____ in _____ and my feast day is _____.

Sample Saint Monologue and Soda Bottle Person(s) to inspire the 3-D representation of the saint



Your name:

Confirmation Saint Report Research template

After you have chosen the saint who will be your patron saint for Confirmation, you will need to complete some additional research to prepare your presentation (either saint monologue or a poster).

| | |
|--------------|--|
| Saint's Name | |
|--------------|--|

Research Area 1: Birth, Childhood, Early Life

| | |
|---|--|
| Birthdate and Birthplace | |
| Parents' names and information | |
| How many siblings | |
| Where did this saint live? | |
| Any information or stories about this saint's childhood or living conditions? | |
| How did this saint respond to God as a child? | |

Research Area 2: Vocation and Ministry

| | |
|--|--|
| Vocation (eg priest, nun, married, etc) <i>Be specific, if a religious, what order?</i> | |
| What did this saint do for a job? | |
| At least one memorable story about this saint's ministry or adult life | |
| How did this saint demonstrate a love for God, the Church, or people? | |
| Where did this saint live as an adult? | |

Research Area 3: Death and Everlasting Life

| | |
|--------------------------|--|
| When did this saint die? | |
|--------------------------|--|

| | |
|---|--|
| How did this saint die? | |
| Tell about one miracle related to this saint's intercession. (Can be a miracle leading to canonization) | |
| When did the canonization process start? ("opened the cause") When was this saint canonized? Who was the Pope who canonized him/her? | |
| What is the feast day of this saint? Why is it this date? | |

Research Area 4: Patronage and Devotion

| | |
|--|--|
| What is this saint patron of? Why? | |
| Why did you choose this saint? How does this saint relate to you? 3+ sentences | |
| Have writings, prayers, anything left behind by this saint helped the Church? What is this saint's legacy? E.g., declared a doctor of the church or founded a religious order, etc | |
| Why is this person a saint? | |
| Did this saint have or promote any specific religious devotions (Sacred Heart, Immaculate Heart, etc)? | |
| How will this saint help you as a confirmed Catholic? | |

Bibliography/Sources

| | |
|---|--|
| Where did you locate your information? (At least 3 sources) | |
|---|--|

Include 3 pictures of this saint, if possible, at different ages.

| | | |
|---------------|---------------|---------------|
| Saint Image 1 | Saint Image 2 | Saint Image 3 |
|---------------|---------------|---------------|

Confirmation Angel Saint Report Research template

After you have chosen the saint who will be your patron saint for Confirmation, you will need to complete some additional research to prepare your presentation (either saint monologue or a poster).

Angels are not human persons, but they are persons. They are entirely spiritual (no bodies). This template will help you collect information to report about an angel.

| | |
|--------------------------|--|
| Angel Saint's Name | |
| What does the name mean? | |

Research Area 1: Saint Angel in Scripture

| | |
|---|--|
| What books of the Bible mention this angel? | |
| List any passages that tell a story of the angel. (you may also include the text of that Scripture passage) | |
| Write down one or two quotes by the angel in Scripture. | |
| Are there any other general references to an angel that people think is your saint angel? | |
| Other ancient writings that mention this angel? | |

Research Area 2: Ministry and Mission

| | |
|--|--|
| What is the mission/job of this angel? | |
| What is this angel known for? (Tell a story about what happened) | |
| Has the angel been involved in more recent events or apparitions, not recorded in the Bible? | |
| What is the feast day of this saint? Why is it this date? | |

Research Area 3: Artwork

| | |
|---|--|
| How is this angel usually depicted? (With Objects or other people) | |
| In which literature, music or other writings is the angel mentioned? | |

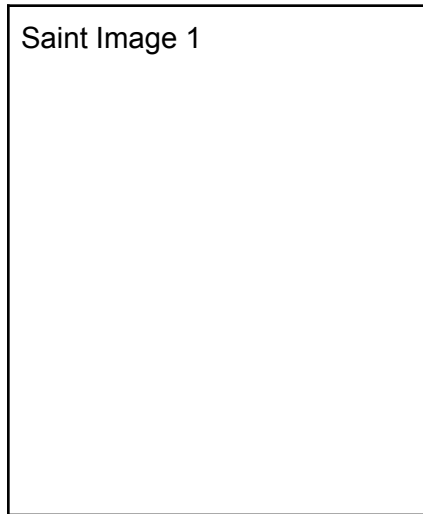
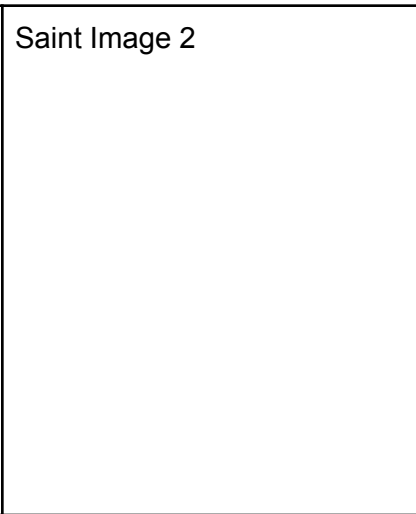
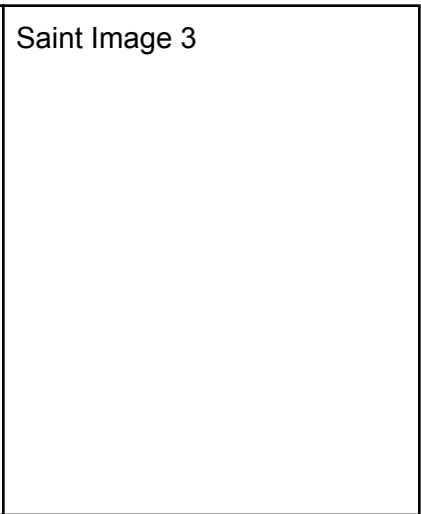
Research Area 4: Patronage and Devotion

| | |
|---|---|
| What is this saint patron of? Why? | |
| What prayers are written to or about this angel? (Include full text of the prayer, and author if known) | |
| What groups of people or locations/buildings are devoted to this angel? | |
| Why did you choose this saint? How does this saint relate to you? 3+ sentences | |
| Why is this person a saint? (Answer provided) | An angel is a saint because saints are people who are in heaven. All angels constantly worship God in heaven and always will. |
| Did this saint have or promote any specific religious devotions (to Mary, the Eucharist, etc)? | |
| How will this saint help you as a confirmed Catholic? | |

Bibliography/Sources

| | |
|---|--|
| Where did you locate your information? (At least 3 sources) | |
|---|--|

Include 3 pictures of this saint, if possible, at different ages.

| | | |
|--|---|--|
| <p>Saint Image 1</p>  | <p>Saint Image 2</p>  | <p>Saint Image 3</p>  |
|--|---|--|

Sample Confirmation Saint Report Research template

After you have chosen the saint who will be your patron saint for Confirmation, you will need to complete some additional research to prepare your presentation. Not all saints will have information for each of these boxes. Do your best to fill in as much information as you can find!

| | |
|--------------|------------------------------------|
| Saint's Name | St. Gabriel of Our Lady of Sorrows |
|--------------|------------------------------------|

Research Area 1: Birth, Childhood, Early Life

| | |
|---|--|
| Birthdate and Birthplace | Born in Assisi, Italy Named Francis Birthdate: March 1, 1838 |
| Parents' names and information | Agnes and Sante Mother died when he was 4 years old |
| How many siblings | He was the 11th of 13 children |
| Where did this saint live? | Italy |
| Any information or stories about this saint's childhood or living conditions? | Handsome, likeable boy, liked to have fun, nicknamed "the dancer" Twice became so sick that he nearly died, and he promised Mary that if he got better, he would become a religious |
| How did this saint respond to God as a child? | At age 18, he saw a picture of the Sorrowful Mother and knew it was time for him to become a Passionist. |

Research Area 2: Vocation and Ministry

| | |
|--|--|
| Vocation (eg priest, nun, married, etc) <i>Be specific, if a religious, what order?</i> | Passionist student (studying to be a priest) |
| What did this saint do for a job? | Was a student |
| At least one memorable story about this saint's ministry | He knew he had tuberculosis but prayed for a slow death so he could prepare spiritually |
| How did this saint demonstrate a love for God, the Church, or people? | He followed the Passionist rule extremely well and inspired the other Passionists in his classes |
| Where did this saint live as an adult? | He was in the Passionist monastery called Isola del Gran Sasso |

Research Area 3: Death and Everlasting Life

| | |
|---|---|
| When did this saint die? | February 27, 1862 |
| How did this saint die? | Died from tuberculosis |
| Tell about one miracle related to this saint's intercession. | healing of Maria Mazzarella from pulmonary tuberculosis and periostitis |
| How and when was this saint canonized? Who was the Pope who canonized him/her? | Canonized on May 13, 1920 by Pope Benedict XV |
| What is the feast day of this saint? Why is it this date? | February 27 because it is the date he died |
| Describe how a group devoted to this saint celebrates the feast day. | Every March, students from the region visit his tomb 100 days before their graduation day to ask for good test scores on their finals |

Research Area 4: Patronage and Devotion

| | |
|---|--|
| What is this saint patron of? Why? | Catholic youth, students and those studying for the priesthood |
| Why did you choose this saint? How does this saint relate to you? 3+ sentences | I randomly chose his name from the book. I liked his story because he was young but lived a virtuous life. He enjoyed parties and dancing, and I do too. |
| How have the writings, prayers, anything left behind by this saint helped the Church? What is this saint's legacy? E.g., declared a doctor of the church or founded a religious order, etc | Only his letters survive because he ordered his writings to be burned before he died. St. Gemma claims she was cured by his intercession and so led to her vocation as a Passionist nun. |
| Why is this person a saint? | He inspired young and old |
| How will this saint help you as a confirmed Catholic? | |

| | |
|---|--|
| Where did you locate your information? (At least 3 sources) | Wikipedia, book called Saints for young people for every day of the year, franciscan media |
|---|--|

Include 3 pictures of this saint, if possible, at different ages.

Saint Image 1



Saint Image 2



Saint Image 3



A Letter to the Bishop for Confirmation

You are nearing the end of your preparations to receive the Sacrament of Confirmation! It is good to take time to think and pray about how this Sacrament will help you be more like Jesus and a better witness to Christ in the world. Letters should be typed and printed from the computer. You may include a picture of yourself or you with your sponsor. Correct grammar, spelling and punctuation are expected.

Greeting:

- 1) Include the date at the top
- 2) Address the letter to Archbishop Rozanski using one of the following forms of address: Dear Archbishop Rozanski, OR Your Excellency,

Body of the Letter:

Write at least one sentence for each of the following (a total of about 3 paragraphs).

- 3) State your name and what school/grade you attend, and something interesting about you like a hobby, sport, or your family
- 4) State one thing you like about the Catholic faith and why your relationship with God is important to you.
- 5) Tell one thing about what you learned or how you benefitted through your year of preparation for the Sacrament of Confirmation.
- 6) Explain who you chose for your Confirmation patron saint and why you chose that person. You may also mention your sponsor and how your sponsor is helping you.
- 7) Answer the question: How will Confirmation help you be more like Jesus and a better witness to Christ? (This may be answered in several sentences)
- 8) Request to receive the Sacrament of Confirmation and explain why you would like to receive it.
- 9) Ask the Archbishop to pray for you.
- 10) Promise to pray for the Archbishop; thank him for coming to Assumption for Confirmation.
- 11) Close the letter with: **Sincerely**, or **Thank you**, or **Yours in Christ**, or similar
- 12) Print your letter and then sign your name.

Your completed letters will be mailed to the Archbishop's office when all are turned in. The archbishop may ask you about these letters when you meet with him before Confirmation.

You should submit a rough draft to Ms. Stringer for revisions and comments by March 15 and turn in the final copy on March 31 with your completed packet.

Sample letter

March 15, 2025

Dear Archbishop Rozanski,

My name is Tom Brady, and I go to school at Washington Middle School, but I go to church and PSR at Assumption. All my life I have really been interested in football, and now I am the quarterback for my school team.

After I received First Communion in second grade, I have loved Jesus and tried to have a relationship with him by going to Mass every Sunday. I love getting to know all sorts of Catholic saints. I chose St. Sebastian as my patron saint, because he is the patron saint of sports and athletes, and I want to grow up to be a professional football player.



My sponsor is my uncle, and he goes to church at St. Jude's. He has helped me be a better Catholic.

Confirmation will give me the gifts of the Holy Spirit, and help me to evangelize like Jesus and the apostles. I would like to receive the Sacrament of Confirmation because I believe the Holy Spirit will help me to be closer to Jesus and be strong in my faith.

Thank you for coming to Assumption for Confirmation. I will pray for you and please pray for me.

Sincerely,

A handwritten signature in black ink that reads "Tom Brady". The signature is stylized and cursive.

FIAT

Faith in Action Tasks

Submit your monthly FIAT online at assumptionstl.org/confirmation-1 by the end of each month!



Prayer & Liturgy (Complete 2)

- ♦ Make a Holy Hour in the Eucharistic Adoration Chapel—*look for hours that need subs!*
- ♦ Attend the Parish Holy Hour (Wednesdays, 6-7 PM)
- ♦ Attend daily Mass outside of school, PSR, or holy day of obligation
- ♦ Be a Sunday altar server or member of the Youth Choir for the year
- ♦ Assist with planning a prayer service/Stations of the Cross
- ♦ Pray a novena (nine days of prayer for a specific intention)
- ♦ Prayerfully read a Gospel in its entirety (with your new Bible!)

Evangelization & Parish Life (Complete 2)

- ♦ Volunteer at a Fish Fry, Thanksgiving brunch, or other parish event or retreat
- ♦ Assist with any Sacramental Prep class night/retreat:
October 22/23, November 16; March 25/26; April 8/9; April 26
- ♦ Totus Tuus volunteer (Summer 2024)
- ♦ Scheduled Q & A with parish priests
- ♦ Help Ms. Stringer make materials for Catechesis of the Good Shepherd
- ♦ Invite a non-parishioner to attend a parish event (and attend with them)
- ♦ Attend 2 EDGE nights for 1 FIAT (Edge meets 2x per month, Wed 5:30-7)

Corporal Works of Mercy (Complete 3)

- ♦ Work with our St. Vincent de Paul society/food pantry
- ♦ Volunteer at Birthright, Our Lady's Inn or Pregnancy Resource Centers
- ♦ Volunteer at a hospital or nursing home, organize a group visit to the residents
 - ♦ Offer to help at Delmar Gardens for Wednesday Mass or Sunday Communion Service
- ♦ Serve at a homeless shelter, soup kitchen or ministry to the homeless
- ♦ Organize a collection of items (food, clothing or household) given to the needy
- ♦ There are 7 Corporal Works of Mercy. Come up with your own ideas!

To feed the hungry.
To clothe the naked.
To visit the sick.
To bury the dead.

To give water to the thirsty.
To shelter the homeless.
To visit the imprisoned, or ransom the captive.

Name: _____

Due: March 31, 2025

FIAT SERVICE LOG

Each candidate for Confirmation is asked to complete 7 *Faith in Action Tasks*, or FIAT for short. There is no requirement of length of time served, but an appropriate task should take at least 30 minutes to one hour. The Confirmation coordinator will regularly share opportunities for service in our parish and community. Making a gift of oneself to the parish or community is a sign of Christian witness and aspect of mature Christian life.

The back of this page offers suggestions for ways to complete these tasks.

SERVICE OF PRAYER AND LITURGY (COMPLETE 2)

“Private prayer is like straw scattered here and there: If you set it on fire, it makes a lot of little flames. But gather these straws into a bundle and light them, and you get a mighty fire, rising like a column into the sky; public prayer is like that.”
~ St. John Vianney

| Description of the task | Location | Time Spent | Date | Signature of supervisor |
|-------------------------|----------|------------|------|-------------------------|
| | | | | |
| | | | | |

SERVICE OF EVANGELIZATION AND PARISH LIFE (COMPLETE 2)

“Actions speak louder than words; let your words teach and your actions speak.” ~St. Anthony of Padua

| Description of the task | Location | Time Spent | Date | Signature of supervisor |
|-------------------------|----------|------------|------|-------------------------|
| | | | | |
| | | | | |

SERVICE TO THOSE IN NEED / CORPORAL WORKS OF MERCY (COMPLETE 3)

“What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see the misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.” ~St. Augustine

| Description of the task | Location | Time Spent | Date | Signature of supervisor |
|-------------------------|----------|------------|------|-------------------------|
| | | | | |
| | | | | |
| | | | | |

Candidates will complete a total of 7 FIAT tasks in the following categories.

- **PRAYER AND LITURGY (COMPLETE 2)**
 - Attend a daily Mass outside of school or PSR schedule
 - *** You should always attend Sunday Mass and Mass on holy days of obligation, so these do not count as an “extra” Mass
 - Make a 30 minute visit to the Adoration chapel. Code is provided by the parish office.
 - Attend the Parish Holy Hour (Wednesdays, 6-7 PM)
 - Pray a novena for 9 days in a row
 - Read a Gospel in its entirety
 - Be an altar server on Sundays for the year – and serve your scheduled days
- **EVANGELIZATION AND PARISH LIFE (COMPLETE 2)**
 - Volunteer at a Fish Fry, Thanksgiving brunch, or other parish event/retreat
 - Assist Ms. Stringer with Sacramental Prep class nights or retreats on Oct. 22, 23, Nov. 16, March 25, 26, April 8, 9, or April 26.
 - Attend 2 EDGE nights for 1 FIAT; EDGE meets 2 times per month on Wednesdays, 5:30-7 PM. See bulletin for schedule or contact Dani Meyer for all the info (meyerd@assumptionstl.org)
- **CORPORAL WORKS OF MERCY / SERVICE TO THE POOR (COMPLETE 3)**
 - Work with our St. Vincent de Paul society to organize the pantry, pack food for distribution
 - Volunteer at Birthright, Our Lady’s Inn or Pregnancy Resource Centers
 - Volunteer at a hospital or nursing home, organize a group visit to the residents
 - Serve at a homeless shelter, soup kitchen or ministry to the homeless
 - Organize a collection of items (food, clothing or household) given to the needy

**** You may add scheduled, but not yet completed tasks to your service log. For example, there will be Fish Fries happening in April, but the service log is due March 31. Write the date you INTEND to complete the service in your log and then do the service task as planned.*